



# St. James' Lenten Book Study

Wednesdays, 4:30 to 6 pm, beginning March 13th

## What you need...

- The Book of Forgiving
- a personal journal for your private reflections
- a stone, neither too big nor too small, to carry with you throughout this season of forgiveness
- a spirit of openness to learn and explore

## Reading Schedule

You are invited to complete the readings indicated before the date listed.

- March 13** We will read the Introduction and most of Part One for this session. It is will allow us to establish a shared understanding of forgiveness as our conversations continue.
- Introduction.....1
  - 1 Why Forgive? .....15
  - 2 What Forgiveness is Not.....31
- March 20** Together we explore the Tutus "Fourfold Path." We will also begin to learn the value of telling the story and of hearing the story.
- 3 Understanding the Fourfold Path.....45
  - 4 Telling the Story.....67
- March 27** When we are able to name our hurt, the path to forgiveness opens just a bit wider. No feeling is wrong. No hurt or pain must go unnamed.
- 5 Naming the Hurt.....93
  - 6 Granting Forgiveness .....119
- April 3** We are complex people, needing forgiveness and needing to forgive. How do we renew or release, ask or beg, the forgiveness our heart requires?
- 7 Renewing or Releasing the Relationship .....145
  - 8 Needing Forgiveness.....165
- April 10** As the absolution goes: God forgives you. Forgive others. Forgive yourself.
- 9 Forgiving Yourself.....195
  - 10 A World of Forgiveness.....215

